

SYCAMORE HILL FARMS

Southern Seasoning

Ben Say's
"It's good
on
everything"



NET WEIGHT 5 OZ (142G)

Use this special blend of herbs and spices to give meats and vegetables new life and taste. Use in place of salt and pepper in all of your favorite recipes. Use on meat before or after its cooked. Sprinkle on everything for a new taste in eating! Don't forget the steaks, chicken, pork chops, & fish! It's good on every thing from in the morning till late at night. It's just good!

Bar Code
634988 00510

Sycamore Hill Farms
1515 Sycamore Hill Rd.
Quitman, GA 31643
www.shf-us.com
229-247-2117

Nutrition Facts

Serving Size - 1/4 tsp (1.2g)
Servings Per Container - 118

Amount Per Servings

Calories 0 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 380mg 16%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Sugars 0g

Protein 0g

Vitamin A 0% - Vitamin C 0%

Calcium 0% - Iron 0%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: SALT, BLACK PEPPER, CAYENNE PEPPER, CHILI POWDER, GARLIC, BLEND OF HERBS AND SPICES.